

Mattress Care

Introduction

It is normal to experience an adjustment period after switching to a new mattress, especially if you had been sleeping on your last mattress for a long time. In order to protect the investment you've made and the performance of your mattress, please consider these valuable tips from your friends at Furniture & Mattress Outlet.

Mattress Pad

A good quality washable mattress pad is a MUST to keep your set fresh and free from stains and it also protects the Manufacturer's warranty. If there are any signs of staining, this will make the bed unsanitary and void the warranty according to the warranty guidelines of your product.

Matching Foundation / Boxspring

Don't forget your mattress' matching foundation. Today's mattresses use a matching foundation built to provide proper support and durability. Putting a new mattress on an old box spring has two drawbacks:

1. The "feel" you bought in the store won't be there when you get it home.
2. If you're replacing a mattress due to sagging or being worn out and it was previously purchased as a complete set, there's a good chance the NEW mattress could start to sag or wear sooner. Therefore, your mattress won't perform as designed and it could void the warranty.

Flipping / Rotating

You'll be happy to hear that the days of flipping your mattress is over thanks to new technology and innovation in mattress construction. These new and improved mattresses still need to be rotated, just not flipped. To prolong the life of your mattress it should be rotated on average every 3 months. But use your best judgment and it might be best to rotate your mattress more often.

Beds are made to conform to your body and body impressions are a natural occurrence and are to be expected. This is due to the upholstery layers conforming to your body and do not necessarily indicate a structural defect.

Rotating A King Size Mattress

A King size mattress requires a slightly different rotation pattern. This is because people tend to sleep less in the center of a King mattress, resulting in what is called a "Kings Ridge" or a high spot in the center of the mattress. To help minimize this common situation, we have developed a specialized rotation pattern that should be used with all new King mattresses. This unique pattern of 90-degree rotations will help all of the foams in your new mattress break-in at an even rate, creating a more level sleep surface. A King mattress is not a perfect square (76" x 80"), but close enough that you can rotate your mattress a quarter turn and basically sleep across the mattress without literally sleeping across the mattress.

A King mattress should be rotated as follows:

First 2 weeks: Keep mattress as delivered.

Week 3: Rotate the mattress 90 degrees clockwise.
(The original head of the mattress is now turned to the right side of the bed)
Maintain for two weeks.

Week 4: Rotate the mattress another 90 degrees clockwise.
(The original head of the mattress is now at the foot of the bed)
Maintain for two weeks.

Week 6: Rotate the mattress 90 degrees clockwise.

Week 7: Rotate the mattress another 90 degrees clockwise.
(You should now be back to the original orientation of the mattress)
Maintain for two weeks.

Week 9: Rotate the mattress 90 degree clockwise.

Week 10: Rotate the mattress another 90 degrees clockwise.
Maintain for two weeks.

Week 12: Rotate the mattress 90 degrees clockwise.

Week 13: Rotate the mattress another 90 degrees clockwise

To prolong the life of your King mattress it should now be rotated on average every 3 months. But use your best judgment and if you feel or notice a "high spot" developing near the center of the mattress, it might be best to rotate your mattress more often.

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Support

Use a sturdy bed frame. If your set is a Queen or King size, make sure your bedframe has an adequate center support with a center leg that reaches the floor under the mattress set. This will prevent any bowing or breakage of the mattress or boxspring. Failure to have an adequate frame with proper center support can result in voiding the manufacturer's warranty.

Protect The Edge Of Your Mattress

Edge support is a very important component of a mattress. Do not repeatedly sit directly on the same part of the edge of the mattress when putting on clothes and shoes each morning. Repeated pressure could wear away those edges. It is recommended that when sitting on the side of the mattress, that you sit back "into" the mattress, with the bends of your legs resting against the side of the mattress. This will help the mattress last much longer and give better edge support.